



Your children at the heart of all we do

Kirklees School Meals Service

Two week winter menu 2018/19

Castle Hill Academy



All our menus are planned in-line with the Government's **Food Based Standards**.

We serve a tasty 2 course meal, freshly prepared on site for **£2.20**

We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is **'farm assured'** as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used.

To find out more about school meals and view your child's school menu online go to: www.kirklees.gov.uk/schoolmeals

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week.

This menu runs from **Monday 5 November 2018** until schools break up for **Easter 2019**

WINTER THEME DAYS

- 4 October 2018 – Munch's Brunch
- December 2018 – Christmas Lunch
- 7 March 2019 – World Book Day



Week
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Tikka Masala <i>or</i> Quorn Tikka Masala <i>served with</i> Fluffy Wholegrain Rice & Naan Bread</p>	<p>Oven Baked Sausage <i>or</i> Vegetarian Sausage <i>served with</i> Creamed Potatoes Garden Peas Baton Carrots & Gravy</p>	<p>Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Flame Grilled Chicken Fillet in a Bread Bun <i>served with</i> Mega Wedges & Crunchy Red Cabbage Coleslaw</p>	<p>Crispy Crumbed Fish <i>served with</i> Chunky Chips & Mushy Peas</p>
<p>Jacket Potatoes <i>served with a choice of</i> Tuna Crunch or Cheesy Baked Beans & Side Salad</p>	<p>Vegetable Lasagne <i>served with</i> Homemade Garlic Bread</p>	<p>Breaded Salmon Fillet <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Quorn Dippers & Barbecue Dip <i>served with</i> Mega Wedges & Golden Sweetcorn</p>	<p>Margherita Pizza Swirls <i>served with</i> Chunky Chips & Baked Beans</p>
<p>Sponge of the Day with Creamy Custard <i>or</i> Cheesecake <i>or</i> Chunky Fruit Pots</p>	<p>Creamy Rice Pudding with Fresh Fruit <i>or</i> Homemade Biscuits & Fresh Fruit Juice <i>or</i> Fresh Fruit Salad</p>	<p><i>A Selection Of</i> Reduced Sugar Desserts <i>or</i> Organic Yoghurts</p>	<p>Seasonal Fruit Crumble with Creamy Custard <i>or</i> Assorted Cupcakes <i>or</i> Fresh Fruit Kebabs</p>	<p>Chocolate & Pear Pudding with Chocolate Sauce <i>or</i> A Selection of Homebaking <i>or</i> Chunky Fruit Pots</p>

Week
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Tasty Meat Pie <i>served with</i> Herby Diced Potatoes & Seasonal Vegetables</p>	<p>Southern Style Chicken <i>served with</i> Jacket Wedges & Golden Sweetcorn</p>	<p>Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables</p>	<p>Meat Casserole or Quorn Casserole & Dumplings <i>served with</i> Parsley Potatoes & Garden Peas</p>	<p>Golden Crumbed Fish Fingers <i>served with</i> Crispy Sliced Potatoes & Baked Beans</p>
<p>Pasta Dish of the Day <i>served with</i> Garlic Bread & Winter Salad</p>	<p>Vegetarian Curry <i>served with</i> Fluffy Wholegrain Rice & Riata Sauce</p>	<p>Cheese & Onion Quiche <i>served with</i> Roast Potatoes & Seasonal Vegetables</p>	<p>Homemade Loaded Vegetable Pizza <i>served with</i> Chunky Chips & Side Salad</p>	<p>A Selection Of Hot Filled Baguettes & Wraps <i>served with</i> Crispy Sliced Potatoes & Crunchy Coleslaw</p>
<p>Fresh Milkshake & Homemade Biscuit <i>or</i> Fresh Fruit Kebabs <i>or</i> Organic Yoghurts</p>	<p>Steamed Chocolate Sponge with Chocolate Sauce <i>or</i> Fruit in Jelly <i>or</i> Chunky Fruit Pots</p>	<p><i>A Selection Of</i> Reduced Sugar Desserts <i>or</i> Organic Yoghurtss</p>	<p>Sponge of the Day with Creamy Custard <i>or</i> Jam & Cream Scones <i>or</i> Chunky Fruit Pots</p>	<p>Fruit Shortcake with Creamy Custard <i>or</i> A Selection of Homebaking <i>or</i> Fresh Fruit Salad</p>