



Castle Hill School

DRUGS, ALCOHOL & TOBACCO POLICY

Policy Created	2006
Committee	Governors
Last review	2017
Frequency	3 years
Date to be reviewed	2020

General Policy Statement

At Castle Hill School we intend to provide a safe, secure, caring environment where every one is valued and respected equally. We aim to provide an inclusive education where children develop independent learning skills and are taught according to need whatever their age, gender, background, beliefs or abilities.

National legislation re disabilities, race relations and special education needs and Safeguarding underpin this policy, which has also taken into consideration national, local and school policies on Gifted and Talented, Equal Opportunities and Health and Safety.

Philosophy

Drug, alcohol and tobacco education is an explicit, planned component of personal, social and health education (PSHE). All pupils should have opportunities to develop knowledge, skills and understanding about drugs, alcohol and tobacco and to explore a wide range of attitudes towards their use.

Wherever drug, alcohol and tobacco education takes place and whatever opportunities and approaches are chosen, it is essential that a secure learning environment is established. Pupils should have time to reflect on all their experiences across the curriculum identifying what they have learnt. This will enable them to transfer their knowledge to situations in their own lives, now and in the future.

Drug, alcohol and tobacco education has implications for the whole school. It includes what is planned and taught as part of Science, PHSCE and other subjects, as well as the way the school responds to drug related incidents and the systems in place to support pupils' welfare. It also requires a school ethos that promotes positive relationships and respect for and between all members of the school community.

Practice

Teaching and learning should provide the pupils (if applicable) with the following opportunities to:

- take responsibility
- feel positive about themselves
- make choices and decisions
- meet, communicate and work with people
- develop relationships
- consider social and moral dilemmas
- find information and advice
- prepare for change

Recommendations of what should be taught regarding drugs education?

Early Years/Key Stage 1

- me and my body
- helpful people
- keeping safe-Key Stage 1
- keeping safe – household products
- getting help: when and how
- keeping safe – medicines
- people who work with medicines – nurse, doctor, chemist
- safety and needles

Key Stage 2/3

- all drugs can be misused
- legal drugs – effects and risks
- prescribed over the counter medicine
- alcohol and tobacco
- drugs and effects and risks
- introducing common legal drugs, their effects and associated risks
- attitudes and beliefs about different drugs
- use and misuse of legal and illegal drugs
- coping with peer pressure
- resistance techniques and assertiveness
- how to ask for help

Key Stage 4/6th Form

- the health risks of taking drugs
- the legal and human rights and responsibilities underpinning society and how they relate to citizens eg in relation to drug, alcohol and tobacco laws
- the work of Parliament and the Government in shaping the laws
- to think about the alternatives when making decisions about personal health – long term and short term
- the effects of solvents, alcohol, tobacco and other drugs on the body
- to know about the statutory and voluntary organisations that relate to drug, alcohol and tobacco use

The teaching and learning around drugs, alcohol and tobacco should be appropriate to the needs and to the understanding of the pupils in the school.

Reviewed: January 2017